

Use this as a guide to walk through individual or corporate prayer at noon each Tuesday of this election season (September 15th-November 3rd).

O God, make speed to
save us.

O Lord, make haste to
help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as
it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 121

1 I lift up my eyes to the hills; *
from where is my help to come?

2 My help comes from the LORD, *
the maker of heaven and earth.

3 He will not let your foot be moved *
and he who watches over you will not fall asleep.

4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

5 The LORD himself watches over you; *
the LORD is your shade at your right hand,

6 So that the sun shall not strike you by day, *
nor the moon by night.

7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

8 The LORD shall watch over your going out and
your coming in, *
from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever. Amen.

f anyone is in Christ he is a new creation; the old has passed away, behold the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation. *2 Corinthians 5:17-18*

Thanks be to God.

The Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; For it is in giving that we receive; it is in pardoning that we are pardoned; it is in dying that we are born again to eternal life.

The Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and forever. *Amen.*

Intercessions for peace, candidates for office, a calming of anxiety, and any other need are offered here.

At the conclusion of the intercessions, please take a moment (even a minute or two) to sit in silence with the Lord.