

### Monthly Premium rates for 2023

We are offering the following medical plans to our employees through The Episcopal Church Medical Trust (Medical Trust):

Medical Plan / Monthly Rates	Single	Employee + Spouse	Employee + Children	Family
Anthem BCBS BlueCard MSP PPO 80	791	1424	1424	2215
Anthem BCBS BlueCard MSP PPO 90	869	1564	1564	2433
Anthem BCBS BlueCard PPO 80	988	1778	1778	2766
Anthem BCBS BlueCard PPO 90	1087	1957	1957	3044
Anthem BCBS CDHP-20/HSA	833	1499	1499	2332

### Dental Plans

We are offering the following Cigna dental plans through the Medical Trust:

Dental Plan / Monthly Rates	Single	Employee + Spouse	Employee + Children	Family
Basic Dent-50/150	47	85	85	132
Dent&Ortho-25/75	61	110	110	171