

Racial Justice & Healing Retreat

January 24, 8:30am-5:30pm Church of the Epiphany, Plymouth, MN

ECMN's Racial Justice and Healing Commission will host a retreat for racial healing and justice-making on Saturday, January 24th at Church of the Epiphany in Plymouth.

For this retreat we will explore immigration, especially looking at the history of immigration in Minnesota, including why people have moved here and how that has shaped our state. We will also talk about advocacy, how to celebrate that impact and support immigrants and positive immigration policies now.

This in-person retreat utilizes our Eucharistic liturgy as a frame for understanding ministries of racial justice and healing as an integral element of our ongoing spiritual formation and discipleship. The retreat will interweave components of prayer, somatic (body) work, lecture, small group sharing, and tools for how to respond to what you will learn.

We will gather at Church of the Epiphany on Saturday morning at 8:30am for coffee and breakfast and conclude our time at 5:30pm (lunch will be included). Please do not register if you cannot be present for the entirety of the retreat.

If you have questions please contact Kelsey Schuster at kelsey.seepiscopalmn.org.

We are committed to making this retreat accessible to all. You are invited to pay what you can. When you register, you will be given the option to either attend the event for free, pay \$25 to cover the cost of food, or pay \$50 or \$75 to make this retreat as accessible to as many people as possible.

