

Racial Justice & Healing Retreat

March 22, 8:30am-5:30pm

Holy Trinity Episcopal Church, St. Paul, MN

ECMN's Racial Justice and Healing Commission, the Community Conversations Ecumenical Consortium (CCEC), and Holy Trinity will host a retreat for racial healing and justice-making on March 22 at Holy Trinity Episcopal Church in St. Paul.

This in-person retreat utilizes our Eucharistic liturgy as a frame for understanding ministries of racial justice and healing as an integral element of our ongoing spiritual formation and discipleship. The retreat will interweave components of prayer, somatic (body) work, lecture, small group sharing, and tools for how to respond to what you will learn. Dr. Cody Sauders, author of *Microaggression in Ministry* and faculty at Luther Seminary, St. Paul, will lead us through an exploration of microaggressions, what they are, and how to align our beliefs with our actions. CCEC members will assist with group discussion.

We will gather at Holy Trinity on Saturday morning at 8:30am for coffee and breakfast and conclude our time at 5:30pm (lunch will be included). Please do not register if you cannot be present for the entirety of the retreat.

If you have questions please contact Kelsey Schuster at kelsey.s@episcopalmn.org.

We are committed to making this retreat accessible to all. You are invited to pay what you can. When you register, you will be given the option to either attend the event for free, pay \$25 to cover the cost of food, or pay \$50 or \$75 to make this retreat as accessible to as many people as possible.

